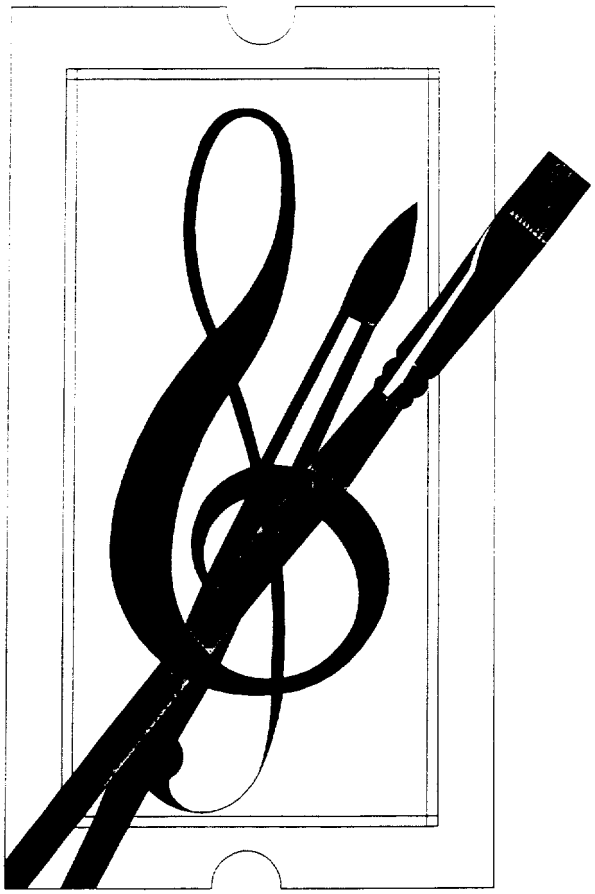


THE ARTS

MRS. CABOBBLE'S CABOOSE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
11:45 CH 8	10:25 CH 10	2:00 CH 8	12:00 CH 10	8:45 CH 8

Mrs.Cabobble's Caboose is a very special place where students meet to share the wonderful world of music. Mrs. Fran Powell and her cast of characters encourage active participation in a variety of musical experiences.

T.V.Tip: This series helps students with reading as words are flashed on screen.

Grade Levels K-3 Teacher Guide Available 15 - Minute Lessons

Making New Friends
Weeks of 9/18, 1/1, 6/4
The learner will discover a musical way to meet and greet new friends.

Rhythm & Rhymes
Weeks of 9/25, 1/8, 4/30
The learner will discover and respond to rhythm by participating in singing rhymes and chants, clapping and total body movement.

Up...Down...All Around
Weeks of 10/2, 1/15, 5/28
The learner will discover the steps of the music scale and how the upward and downward movement of a melody form the melodic contour of the song.

Keep It Movin'
Week of 10/9, 1/22
Enhances motor skills and rhythmic response to music.

A Lot Of Brass
Week Of 10/16, 2/19
Introduces the trumpet and trombone as members of the brass instrument family with their distinctive sounds.

Round & Round
Weeks of 10/23, 2/26
Develops the ability to sing a melody independently and to understand that harmony is produced by combining musical sounds.

Spook In The Pumpkin Patch
Weeks of 10/30, 3/5
Learners experience both major and minor modes and are able to distinguish the difference between them.

Arrows & Tomahawks
Weeks of 11/6, 3/12
Learners will listen to and learn songs from the American Indian culture.

Doing The Turkey Trot
Week of 11/13, 3/19
Increases repertoire and develops rhythmic response and motor skills.

The Music Man
Weeks of 11/27, 3/26
Acquaints the learner with the different members of the saxophone family, and how these wind instruments are played.

Decorate & Celebrate
Weeks of 12/4, 4/23
The learner will discover that various cultures have customs of celebration reflected in their own musical style.

Caboose Caroling
Weeks of 12/11, 5/7
Introduces the use of the voice as a choral instrument with unique qualities of expression.

MRS. CABOBBLE'S CABOOSE (Continued)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:45 CH 8	10:25 CH 10	2:00 CH 8	12:00 CH 10	8:45 CH 8

Hoppin' Down The Bunny Trail

Weeks of 1/29, 4/2

Increases repertoire of musical activities for special days, and improves rhythmic response and motor skills.

February Birthdays

Weeks of 2/5, 5/14

The learner experiences patriotic music and learns to distinguish between the style of a march and a ballad.

Happy Hearts

Weeks of 2/12, 5/21

Increases repertoire suitable to use in celebrating special days, and improves xylophone playing skills.

THE MUSIC FACTORY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:30 CH 10	11:20 CH 8	11:35 CH 8	9:25 CH 10	2:15 CH 10

The primary objective of this series is to provide a solid foundation of musical knowledge by teaching music through a conceptual approach and by providing interesting and meaningful demonstrations of musical classroom activities.

Grades K - 4 Teacher Guide Available 30-Minute Lessons

What Is Music?
Weeks of 9/18, 2/26
Emphasizes the history of music; the wind instrument family and concepts of rhythm, tone, melody, harmony and vibration are covered.

Rhythm Basics
Weeks of 9/25, 3/5
Emphasis on concepts of meter, beat, tempo and accents; percussion instrument family and volume dynamics.

Tone
Weeks of 10/2, 3/12
Concepts of loudness, pitch, duration, and timbre; the string instrument family, music tempo variations and binary form are also discussed in this program.

Scales
Week of 10/9, 3/19
Emphasis on major and pentatonic scales system, musical notations, clef sizes and tonality; identification of the tonic for a given song or major scale, and keyboard instruments.

Melody
Weeks of 10/16, 3/26
This program discusses the basics of intervals, contour, steps and ships; the string instrument family; and styles - including legato, staccato and dynamics.

Harmony
Weeks of 10/23, 4/2
Emphasizes understanding basic chord theory; plucked instrument demonstration; and the differences between major and minor chords.

Rhythm Revisited
Weeks of 10/30, 4/23
Reviews rhythm elements like beat and accent; describes the percussion instrument family; plus the ternary form, contrast and recurring systems.

Chords
Weeks of 11/6, 4/30
This program emphasizes chord progression, vibration and instrument sound creation, binary song contrast and "partner songs" and listening to keyboard music.

Major and Minor
Weeks of 11/13, 5/7
Program emphasis is on differentiations between major and minor chords, symphony orchestra instruments, composition of a C Major scale song, and identification of the ternary form in a recording.

Accompaniment
Weeks of 11/27, 5/14
This program focuses on songs that are rounds, creation of a homemade guitar, types of accompaniment instruments, and playing a bingo game using music signs and symbols.

DRAW ALONG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:05 CH 8	2:20 CH 8	10:20 CH 8	2:50 CH 10	11:20 CH 8

This series is based on the philosophy that drawing is a way of communicating one's thoughts and feelings to others. It encourages children to express themselves graphically and gives them suggestions of how to do so. The series can be used by children of various age levels and artistic abilities.

TV Tip: For primary grades it is best to have a Teacher Guide to get the class familiar with what will be drawn during the program.

Grades 1 - 5

Drawing People
Weeks of 9/18, 1/22, 4/23
How to draw people with correct proportions - a cowgirl.

Horses and People
Weeks of 9/25, 1/29, 4/30
How to draw a running horse and a horse with a rider.

Underwater Animals
Weeks of 10/2, 2/5, 5/7
The drawing tells a story of sharks, whales, divers and an octopus.

Birds, Large & Small
Week of 10/9, 2/12, 5/14
Ways to space ovals of different sizes - flight of ducks.

Halloween Scenes
Week of 10/23
How to draw buildings, using center line for Symmetry - scary castle.

Teacher Guide Available

Halloween Symbols
Week of 10/30
How to draw scary, funny and colorful costumed figures.

Elephants
Weeks of 10/16, 2/19, 5/21
How to draw, then "shrink" an elephant.

Cartoon People
Weeks of 11/6, 2/26, 5/28
How to create cartoon bodies to go with funny faces.

Thanksgiving - Pilgrims
Week of 11/13
How to draw faces by locating the features - pilgrims.

15-Minute Lessons

Cars and Trucks
Weeks of 11/27, 3/5, 6/4
A simple way to draw vehicles - a recreational vehicle.

Aircraft
Weeks of 12/4, 3/12
How to draw an airliner parked at an airport.

Santa Claus
Week of 12/11
First, Santa's head is drawn; then his body is added.

Houses & Buildings
Weeks of 1/1, 3/19
How to draw a house and landscaping.

Building A Picture
Weeks of 1/8, 3/26
Design and composition in drawing a pirate scene.

Small Animals
Weeks of 1/15, 4/2
How to draw dogs, cats and Easter rabbits.

COMPUTER EDUCATION

EXPLORING THE INTERNET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:30 CH 10	2:50 CH 10	2:45 CH 8	2:45 CH 8	11:15 CH 10

This program provides teachers and students with a basic understanding of how this new,world wide means of interactive communication works.

Grade Levels 3 - 6 Teacher Guide Available 10-Minute Lessons

Exploring the Internet Introduction

Week of 9/18, 2/26

A general look at all possible Internet uses.

E - Mail

Week of 9/25, 3/5

This program defines electronic mail (e-mail) through its similarities to regular mail.

Net Surfing

Week of 10/2, 3/12

Shows students other ways the internet can be used - such as gathering data, finding pictures and collecting sounds.

World Wide Web

Week of 10/9, 3/19

Demonstrates the kind of materials to be found on the Web, how to create and post a web page, copyright concerns and privacy issues.

Doing Research

Week of 10/16, 3/26

Illustrates the steps in doing good research on the Internet.

DRUG USE

PREVENTION

DRUG AVENGERS I

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45 CH 8	9:45 CH 10	11:15 CH 8	11:20 CH 8	12:35 CH 8

The "Drug Avengers" are visitors from the future. They've come back in time to help today's children with healthy messages and ideas on ways to refuse or avoid drugs.
Two 5-minute episodes are combined to make a 10-minute lesson.

Grades K - 3 Teacher Guide Available 10-Minute Lessons

From the Future /Body Talk

Weeks of 11/13

Don't take vitamins or medicine from a friend, only from a parent or other trusted adult.

Up & Down/ Street Talk

Weeks of 11/27

Lows are a normal part of life. Don't feel guilty if family members abuse drugs. Find a trusted adult who can listen and help you.

DRUG AVENGERS II

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45 CH 8	9:45 CH 10	11:15 CH 8	11:20 CH 8	12:35 CH 8

Grades 4 - 6 Teacher Guide Available 10-Minute Lessons

Uh, Oh, Video/ Fast Friends

Weeks of 12/4

Listen to the "Uh Oh" feeling when something seems wrong. Being "one of the crowd" does not mean you have to take drugs.

Picture Perfect/ Trick Or Treat?

Weeks of 12/11

Advertising can be misleading. Refusal skills become easier with practice.

Double Scare/ Rock Solid

Weeks of 1/1

You can never be sure how a substance will affect you physically. You don't need drugs to have fun.

JUST FOR ME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45 CH 8	9:45 CH 10	11:15 CH 8	11:20 CH 8	12:35 CH 8

This series targets children before most of them have been exposed to alcohol and other drugs. There is a clear message that the use of any drugs is unhealthy, dangerous and unacceptable.

Grades 2 - 4 Teacher Guide Available 15-Minute Lessons

Who Are You?

Week of 1/8

Shows how thoughts, feelings, and successful experiences can affect a child's self-concept negatively or positively, and the self-concept, in turn, affects the decisions children make.

My Choice

Week of 1/15

Demonstrates that a decision - making process, well learned and wisely implemented, can be an important tool for resolving personal health issues.

The Real Me

Week of 1/22

Shows how family values and support combined with refusal skills can help children cope with negative peer pressure.

I Do Care

Week of 1/29

Dramatizes the importance of adhering to the rules; respecting the needs, feelings, ideas, and environment of others; and taking responsibility for behavior.

My Family, My Self

Week of 2/5

Presents dramatic evidence of the influence of family members on each other and strategies for strengthening family bonds.

I Don't Buy It

Week of 2/12

Humorously demonstrates the way commercials and advertisements can influence children's ideas, values, and behavior.

FAST FORWARD FUTURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45 CH 8	9:45 CH 10	11:15 CH 8	11:20 CH 8	12:35 Ch 8

This exciting series features a magical device that allows youngsters to peer into the future and see, on a TV screen, what will happen if they use drugs or remain drug free.

Grades 4 - 6 **20-Minute Lessons**

Maggie's Story

Week of 2/19

Teaches students a method to build self-esteem and find the inner strength to say "NO" effectively.

Zack's Story

Week of 2/26

Illustrates the dangers of alcohol and provides a strategy to use in problem solving and ways of coping with stress.

Casey's Story

Week of 3/5

Demonstrates the difference between "telling" and "tattling" and shows that the best thing to do with a problem like drugs is to ask for help from a trusted adult.

STRAIGHT UP

Dial-A-Lesson - (914) 968-7800 - See Page 7

Actors Lou Gossett, as Cosmo, and Chad Allen, as Ben, show youngsters how to stand up to the villainous characters, "Booze", "Pot", and "Cocaine" in this fantasy adventure. Each program features information on the effects of drugs, developing refusal skills, and building self-esteem.

Grades 4 - 6 **27-Minute Lessons**

Attitudes & Perceptions

Although armed with knowledge and facts, Ben must yet possess appropriate attitudes and perceptions to see through the allurement of the gang.

Knowledge & Facts

Ben is challenged by the gang to join them in using alcohol, marijuana, and tobacco.

Self Image & Life Skills

Ben, aided by Cosmo, finally acquires the self confidence needed to say "NO" to the gang once and for all.

YOUR CHOICE OUR CHANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45 CH 8	9:45 CH 10	11:15 CH 8	11:20 CH 8	12:35 Ch 8

Targets children in the vulnerable pre-teen years in realistic school, family, and peer group situations. Incorporating proven prevention strategies, the series focuses on knowledge, attitudes, and behaviors that influence drug use. These programs are open-ended to encourage classroom discussion.

Grades 4 - 6 Teacher Guide Available 15-Minute Lessons

Penalty Kick
Week of 3/12
Eric and George, each under situation pressures, cut school and George tries to persuade Eric to use alcohol to relax.

I Think I Am
Week of 3/19
Diane expresses poor self concept while Rod, in his wheelchair, expresses a very positive one.

Fitting In
Week of 3/26
Theresa, lonely in a new school, joins a group dominated by Angela, who will try anything, even drugs.

The Big Break
Week of 4/2
When Deborah is offered a modeling job for a vodka cooler's advertising campaign, her friend, Alex is upset.

Thanks, But No Thanks
Week of 4/23
Lenora's "friends" want to involve her in shoplifting, smoking, and drinking.

Good Practice Today!
Week of 4/30
Some boys on the team are pressuring others to dip snuff, but Jeff's sister shows him that practicing saying "NO!" is as important as practicing baseball.

Sister, Sister
Week of 5/7
The girls' families are having a rough time but Alicia makes a friend and buys a bike, while Sophia gets involved with drugs.

Decisions
Week of 5/14
James nearly jeopardizes a career in music and his brother's life as he lets others persuade him to spend the evening drinking.

A Friend Indeed
Week of 5/21
When Brad starts drinking more and more, J.D. calls an alcohol hotline. Brad rejects his friend entirely but J.D. may still be able to get help for him.

Like You, Dad
Week of 5/28
Amy and Carol are worried about their father's smoking, and along with their mother, the sisters plan an active, outdoor vacation, but their brother shows that Dad's habits are a model for him.

DRUG ABUSE AND HUMAN PHYSIOLOGY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 CH 12	1:30 CH 12	10:00 CH 12	10:00 CH 12	2:00 CH 12

This series tells the straight facts about the disastrous effects of drugs on the human body. A physician-narrator graphically illustrates both the physiological and psychological effects of chemical dependency.

Grades 6 - 8 Teacher Guide Available Lesson Lengths Vary

Cocaine & Human Physiology

Weeks of 9/18, 1/22, 5/21

21-Minute Lesson

The damage done to the body by cocaine - whether snorted, injected, or smoked - is well documented in this film.

Tobacco & Human Physiology

Weeks of 10/2, 2/5, 6/4

21-Minute Lesson

The severe problems caused by smoking, including emphysema, cancer, and heart attacks are described by Dr. Mark Robinson in this program.

Heroin & Human Physiology

Weeks of 10/16, 2/19

22-Minute Lesson

Graphically illustrates how this devastating drug inflicts its greatest damage on the brain, lungs, and heart. Also shows some of the diseases contracted by people with AIDS.

Marijuana & Human Physiology

Weeks of 9/25, 1/29, 5/28

22-Minute Lesson

Many people believe that marijuana offers harmless recreation. This program dispels that belief with hard facts about the drug and its effects on the body.

Alcohol & Human Physiology

Weeks of 10/9, 2/12

24-Minute Lesson

The ill-effects of alcohol on the digestive, circulatory, muscular, skeletal and nervous system are demonstrated and interwoven with interviews with six recovering alcoholics.

STRAIGHT AT YA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 CH 12	1:30 CH 12	10:00 CH 12	10:00 CH 12	2:00 CH 12

Spotlights Kirk Cameron offering tips on peer pressure, resolving to say "NO!", and choosing a positive, healthy life style. Animation and flashbacks help students learn how they can effectively deal with real-life situations.

Grades 6 - 8 **Lesson Lengths Vary**

Resisting Peer Pressure

Weeks of 10/23, 2/26
15-Minute Lesson
Kirk shows an animated clip of someone being forced to use drugs as contrasted with two realistic scenes in which teens are approached by a peer to use marijuana and alcohol.

Dealing with Problems

Weeks of 10/30, 3/5
11-Minute Lesson
Some kids believe that drugs will make them look cool or solve their problems. This program presents this idea as a myth and then demonstrates the reality that drugs can compound the problems.

Looking Good, Feeling Good

Weeks of 11/6, 3/12
20-Minute Lesson
Focuses on how drugs can ruin someone's image or reputation among friends. Students in the program also discuss how the media influence people to use drugs.

THREE AGAINST DRUGS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 CH 12	1:30 CH 12	10:00 CH 12	10:00 CH 12	2:00 CH 12

This series, in dramatic vignettes, offers factual information about the dangers of drug use.

Grades 7 - 8 **20-Minute Lessons**

Hard Facts About Alcohol, Marijuana & Crack

Weeks of 11/13, 3/19

The freshman class is filing into the auditorium for the class photo session. Over the next four years members of the class experiment with drugs with disastrous results. By graduation, six students are missing from the class photo.

Speak Up, Speak Out

Weeks of 11/27, 3/26

Steve, a high school senior, is planning a party with beer, liquor and pot. Matt doesn't want to be involved but he's worried about letting everyone down. However, Matt's friends help him to discover the techniques needed to say "NO!" to Steve's pressure.

Dare to Be Different

Weeks of 12/4, 4/2

Sarah and Kim are close friends but Kim begins to hang around with a new group that abuses alcohol and marijuana. Sarah, upset, confronts her friend helping her to gain perspective on the shortcomings of the new group.

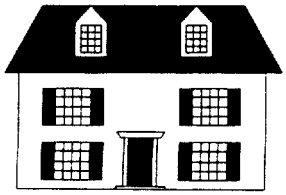
LOOKIN' GOOD

A dramatic two-part series based on actual incidents that convey the dangers of drug use. Although they underscore the importance of prevention, they also recognize that some students have already been exposed to drugs and may need help. Teachers are urged to use both parts. Available through **Dial-A-Lesson** - (914) 968-7800 - (See Page 7).

Grades 7 - 8 **30-Minute Lessons**

A Mountain Retreat

Several students are caught up in a life threatening, drug-related incident. Drawn closer by the crisis, they discuss forming a peer support group. The group is a success and their goal is to achieve a completely drug-free school.



Drug-Free School

In their group meetings, the students learn trust and "saying no" skills through various activities and role-playing. Ultimately, they are asked to share their successful forum idea with other interested schools.

DRUG USE PREVENTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 CH 12	1:30 CH 12	10:00 CH 12	10:00 CH 12	2:00 CH 12

This series is a compilation of various shows dealing with probems that are facing youg people in today's society.

Grades 6 - 8 Lesson Lengths Vary

Violence: The Ripple Effect

20- Minute Lesson
Weeks of 12/11, 4/23
This program reveals the harsh realities of what violence can lead to: jail, loss of future or family, and possibly loss of life. Interviews with a judge, medical examiner, a juvenile detention expert, a pastor and several youngsters and their families clearly give students the message that committing a violent crime will change their lives forever.

Drugged Driver

15 - Minute Lesson
Weeks of 1/1, 4/30
The effects of drugs and alcoholon David a teenage driver are discussed. A Georgia Highway Patrol Officer explores the dangers of drugged drivers and the passengers who accompany them. A doctor and drug counselor also give very specific effects of marijuana, beer and other drugs ona driver.

Survival

15 - Minute Lesson
Weeks of 1/8, 5/7
Facts about alcohol and drugs and the knowledge of how to protect yourself are discussed. Specific suggestions about protecting your friends and survival for yourself are also clearly illustrated in this program.

Inhalants For Middle Schools

20 - Minute Lesson
Weeks of 1/15, 5/14
This realistic program shows that inhalants are not even considered to be drugs, but rather deadly poisons. Students will hear the personal stories of ex-users. They will hear a young doctor explain what is actually happening inside the body to the lungs, heart, kidneys, liver and the brain.

PRIVATE VICTORIES

DIAL-A-LESSON - (914) 968-7800 - See Page 7

All young people share a common desire to control their own lives. This series encourages them to do just that--to want the best for themselves and others -- and to value themselves enough to decide against using drugs.

Grades 7 - 8 **30-Minute Lessons**

Bobby

Hank lends Bobby money for drugs. Bobby suffers cardiac arrest from a dose of cocaine. Hank blames himself and decides that you can't be neutral about drugs.

Hank

Hank is determined to become a successful musician but his stand against drugs puts him in conflict with Todd, the pusher, who owns all the band's equipment. Some of the band members go with Hank to form a new group.

Todd

Todd tries to give up his drug trade but the dealers come after him. The dealers are arrested and Todd turns himself in, appearing in custody at a school rally to warn others about the dangers of drugs.

Jackie & Stacy

Stacy begins using crack. Jackie talks to a substance abuse teacher - nearly too late. With her parents support, Stacy enters rehabilitation. She and Jackie celebrate important "Private Victories."

PROGRAMS ON ALCOHOLISM

DIAL-A-LESSON - (914) 968-7800 - See Page 7

Drugged Driver	**15-Minute Lesson**
Survival	**15-Minute Lesson**
Soft Is the Heart of a Child	**30-Minute Lesson**
If You Loved Me	**52-Minute Lesson**

FOREIGN LANGUAGE

SALUDOS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:20 CH 10	10:35 CH 8	11:35 CH 10	12:15 CH 8	11:35 CH 8

Saludos is designed to introduce Spanish to the English-speaking student. A limited number of new words and grammatical structures are introduced in each program. These concepts are taught in an appealing and motivating manner that helps primary as well as intermediate level viewers develop facility in oral expression.

Grades 1 - 6 Teacher Guide Available 15-Minute Lessons

¡Hola! ¿Como estas?
Weeks of 9/18, 3/26
Hello! How are you?

¿Como te llamas?
Weeks of 9/25, 4/2
What is your name?

Mi Familia
Weeks of 10/2, 4/23
My family

La vista de abuelita
Weeks of 10/9, 4/30
Grandmother's visit

Cuantos años tienes?
Weeks of 10/16, 5/7
How old are you?

La ropa de niñas
Weeks of 10/23, 5/14
Clothing for girls

Los regalos
Weeks of 10/30, 5/21
The presents

Vamos a repasar
Weeks of 11/6, 5/28
Let's review

Mas números
Weeks of 11/13, 6/4
More numbers

El supermercado
Weeks of 11/27
The supermarket

La carta
Weeks of 12/4
The letter

La fiesta mejicana
Weeks of 12/11
The Mexican party

Los días de la semana
Weeks of 1/1
The days of the week

Los animales
Weeks of 1/8
The animals

Vamos a comer
Weeks of 1/15
Let's eat

Vamos a repasar
Weeks of 1/22
Let's review II

TOP! en espanol

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:35 CH 8	12:40 CH 10	9:15 CH 8	10:20 CH 8	1:55 CH 10

Using a lively and entertaining game show format, Top! en espanol simplifies learning and motivates student viewers to practice the language by joining in. Programs have been carefully devised to introduce and test basic language skills. They combine the three language skills of listening, speaking and reading. Game show host Diana Perez welcomes viewers and introduces us to Red team and Blue team captains.

Grade Levels 5 - 8 (beginners) Teacher Guide Available 20-Minute Lessons

Program 1

Weeks of 11/6, 2/19, 5/28

Spanish language skills are introduced and tested in PalabrasTop! (Fill in missing word), Pizza Top! (hide and seek), Numeros Top! (Identify numbers in Spanish), El tiempo Top! (weather vocabulary) Familia Top! (Family members and clothing).

Program 2

Weeks of 11/13, 2/26, 6/4

The contestants listen and respond in the games Preguntas Top! (multiple choice questions), La tienda Top!(memory game),Toto Top! (matching sentences to photographs), Cocina Top!(following a recipe for gazpacho) and return to Familia Top!

Program 3

Week of 11/27, 3/5

La hora Top! A new game that challenges contestants to tell time on a giant clock within a time limit. Return to the games Palabras Top! Pizza Top!, El tiempo Top! and Familia Top!

Program 4

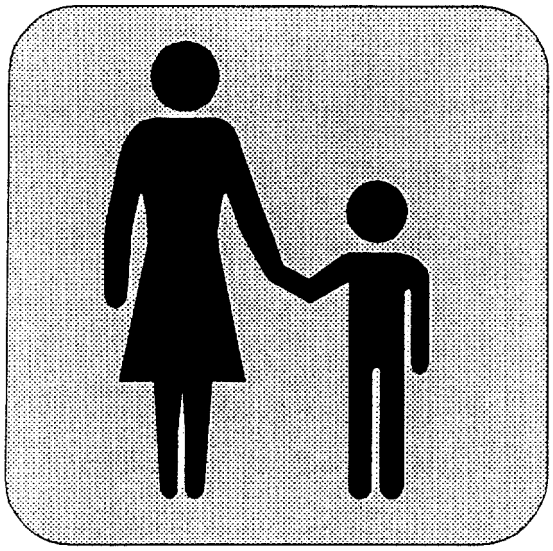
Weeks of 12/4, 3/12

The teams try Calendrio Top! where they match the written names of months with corresponding pictures of weather. B ack again are Preguntas Top!, La tienda Top! Cocina Top!, and Familia Top!

Program 5

Weeks of 12/11, 3/19

In the Top! championship, the Blue team challenges the Red team to final games of Palabras Top!, Pizza Top!, Numeros Top! La Tienda Top! , and Familia Top.



GUIDANCE

CONFLICT RESOLUTION SERIES
GETTING ALONG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:05 CH 8	8:45 CH 8	1:45 CH 10	9:00 CH 8	11:50 CH 8

This series is designed to help students develop the knowledge, attitudes, skills and behaviors needed to prevent, and resolve conflict. Video provides the ideal medium in which students can examine conflict and learn to model appropriate behaviors in a non-threatening situation.

Grades Pre-K - 2 15 - Minute Lessons

How Does It Feel?
Weeks of 10/2, 12/11, 4/23
To discover the connection between body language and emotions and to learn how to express feelings to others.

It's Mine!
Weeks of 10/9, 1/1, 4/30
To describe feelings that result from an unwillingness to share and to examine ways to avoid and resolve conflict associated with not sharing.

Left Out
Weeks of 10/16, 1/8, 5/7
To describe feelings that result from being left out and to explore ways to become included in groups.

Don't Make Me Stop This Car!
Weeks of 10/23, 1/15, 5/14
To identify annoying behavior and practice using assertive communication.

My Way
Weeks of 10/30, 1/22, 5/21
To examine bossy behavior and to show how to negotiate for a mutually agreeable solution.

No Fair!
Weeks of 11/6, 1/29, 5/28
To explore circumstances that are unfair and to understand that rules help make things fair for everyone.

"Grrrr!"
Weeks of 11/13, 2/5, 6/4
To explore angry feelings and to demonstrate positive ways of dealing with anger.

MINDING YOUR MANNERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:05 CH 8	8:45 CH 8	1:45 CH 10	9:00 CH 8	11:50 CH 8

The four good manners reporters find out how youngsters can display exemplary behavior in school and every day activities.

Grades 1 - 4 Teachers Guide Available 15 - Minute Lessons

Minding Your Manners At School

Weeks of 9/18, 11/27, 3/26

Caring and courteous persons always have something good to say about others and never gossip .Good manners often entail sharing and cooperation, respect, and understanding others' feelings. Courteous people don't hit, shove, interrupt or harm another person's property.

Everyday Etiquette

Weeks of 9/25, 12/4, 4/2

Students are taken to a five-star restaurant, to a birthday party, to the Middle East and 17th century France to discover the proper ways to act in many different social situations.

THE FALL OF FREDDIE THE LEAF

DIAL-A-LESSON - (914) 968-7800 - See Page 7

All Grades Teacher Guide Available 17-Minute Lesson

In this award winning program based on the book by Leo Buscaglia, Freddie the Leaf begins his life as a small, healthy sprout on top of a tall tree. When the first frost arrives, the leaves shiver with the cold and Freddie is frightened. His wise friend, Daniel, helps to prepare Freddie for change - and the mystery of death. This single program helps children deal with the death of a pet, a popular personality, a neighbor or a family member. It helps them see that things don't die, they just go on and on to new beginnings. We cannot fully appreciate life until we've embraced death, because death teaches us so much. It teaches us to celebrate life now.

A MEMORY FOR TINO

DIAL - A - LESSON - (914) 968-7800 - See Page 7

All Grades Teacher Guide Available 30-Minute Lesson

This program, based on a children's book by Leo F. Buscaglia, is about selfless giving. Its purpose is to teach and enhance the spirit of giving. This half-hour is a wonderful experience for all viewers leaving each with a new perspective on life's possibilities and its rewards for focusing our attention on others. Many intergenerational activities can be started from this video for cross curriculum learning.

TEEN MAGAZINE

DIAL - A - LESSON - (914) 968-7800 - See Page 7

Teen Magazine is a three part video magazine on teenage values and concerns, hosted by students, Beverly and Bill. Programs are varied in format, including video interviews, documentary stories, computer graphics, and clips from major movies.

Grades 6 - 8 **30-Minute Lessons**

Family
A reflection on the strong support system of the human family. Teens and parents describe the love and trust they find at home, along with the challenges. The program ends with a profile of a family who pulled even closer together when they lost their mother to cancer.

Friendship
Using clips from the movie "Stand By Me", two of its stars and author Stephen King tell how the plot demonstrates the power of friendship. Teens describe their own friends and share thoughts on jealousy, peer pressure, and loyalty.

Self-Respect
Problems with self-acceptance are familiar to all ages. In a cross-generational collage, both parents and teenagers discuss ways to reinforce self-esteem. A rock star describes her shyness as a child and what she did to gain confidence in her abilities.

BACK TALK

DIAL - A - LESSON - (914) 968-7800 - See Page 7

BACK TALK is a series created to give junior high school students an opportunity to discuss their views on important topics. These programs were originally broadcast live and gave the viewing audience the chance to call in and talk to the students in the live audience at ITV's studio. These programs are now available for viewing through DIAL-A-LESSON. Please note, the phone number which appears occasionally on the screen was only in operation when the programs were on live, when you request to see the programs now, the phone lines will not be functional.

Grades 7 - 8 **60-Minute Lessons**

Self-Esteem, Who Needs It?

Age of Violence

God and Me

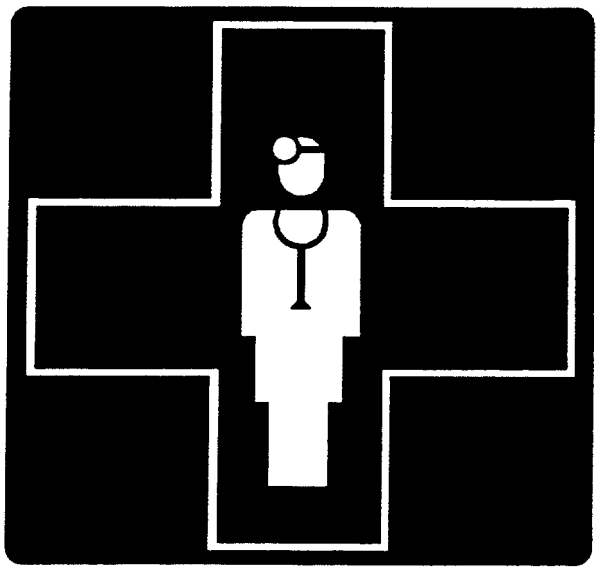
The Faces of AIDS -
Please Note: This was a candid discussion about AIDS and sexual behavior. Questions were asked and answered by students and by a nurse who works with AIDS patients.

Helping Friends

Being Liked

Being Mad at God

Forgiveness



HEALTH & SAFETY

CALLING ALL SAFETY SCOUTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:05 CH 8	8:45 CH 8	1:45 CH 10	9:00 CH 8	11:50 CH 8

Vital safety concepts are taught to children in a way that is both informative and fun. The series shows children how and where accidents can occur, and the sensible means of preventing them.

Grades K - 3 Teacher Guide Available 15-Minute Lessons

Safety At Home

Week of 2/12

Aims:

1-To become aware of hazards that cause accidents in the home.

2-To develop in children a sense of responsibility for their own safety, and the safety of others.

Safety At School

Week of 2/19

Aim:

To be aware of rules and laws pertaining to traveling to and from school and the necessity of obeying them.

Safety On Wheels

Week of 2/26

Aims:

1-To become aware of traffic rules pertaining to bicycle safety and the necessity of obeying them.

2-To develop a respect for trains and railway crossings and to understand the danger in playing on or near them.

Water Safety

Week of 3/5

Aims:

1-To become aware of the dangers associated with water; i.e., drowning.

2-The importance of learning how to swim.

3-To realize the importance of learning and following safety rules and procedures associated with water.

Safety in the Country

Week of 3/12

Aims:

1-To understand the importance of keeping clear of farm machinery.

2-To become aware of hazards in the natural environment: animals, vegetation, etc.

Safety At Play

Week of 3/19

Aims:

1-To be aware of the importance of playing in safe places.

2-To understand the importance of rules in games, and to develop a respect for these rules, other players and those in authority (referees, etc).

HEAD TO TOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:30 CH 8	9:00 CH 8	9:50 CH 8	2:30 CH 8	11:00 CH 10

This series will help teachers by cultivating students' interest and inquiry about the science of our bodies. Children will be encouraged to answer questions posed throughout the program and to participate in the activities suggested in the teacher's guide. Head to Toe replaces the long-running series All About You.

Grades K - 3 Teacher Guide Available 15-Minute Lessons

In the Beginning
Weeks of 9/18, 2/19
The development of a human baby; helping keep younger children safe.

Cells - Your Starting Place
Weeks of 9/25, 2/26
Parts and function of the cell; genetic traits; the importance of good health habits.

In a Heartbeat
Weeks of 10/2, 3/5
How the circulatory system works; protecting the heart by avoiding tobacco; the importance of exercise.

Muscles - Holding You Together
Weeks of 10/9, 3/12
How muscles work and what they do in the body; how to keep muscles healthy by eating well and exercising properly.

Standing Tall
Weeks of 10/16, 3/19
How bones are made and what they do; how to keep them healthy by eating well; preventing injury.

Fueling Up
Weeks of 10/23, 3/26
How the body breaks down and uses food; eating well for good nutrition.

From Fuel to Waste
Weeks of 10/30, 4/2
How the organs of the excretory system work (digestion, urinary, skin); ways to keep these organs and the skin healthy.

Fresh Air
Weeks of 11/6, 4/23
How the body breathes; asthma and other respiratory problems; protecting the respiratory system by avoiding pollutants, including cigarette smoke.

Control Center
Weeks 11/13, 4/30
How the nervous system works; protection of the brain through avoiding drugs; the importance of sleep.

Fighting Germs & Diseases
Week of 11/27, 5/7
How germs cause diseases; healthcare workers, institutions, and procedures that deal with disease; immunizations; disease prevention.

Sounds
Weeks of 12/4, 5/14
The structure and function of the ear; health care workers and tests involving the ear; cleaning and protecting the ear.

Sights
Weeks of 12/11, 5/21
Structure and function of the eye; health care workers and tests involving the eye; wearing glasses; eye protection.

A Healthy Smile
Weeks of 1/1 , 5/28
Structure and function of the teeth; health care workers and procedures involving teeth; the importance of dental care.

Staying Healthy
Weeks of 1/8, 6/4
Childhood development; the importance of eating well, exercise, sleep, and rest.

Safety First
Weeks of 1/15
A review and celebration of the human body; ways to guard against unintentional and intentional injury.

FOCUS ON FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:55 CH 10	12:25 CH 10	10:35 CH 8	12:45 CH10	10:05 CH 8

Focus On Fitness, a series for young children, emphasises the use of basic bodily movements in a slow, quiet controlled way. While the body is exercising, the mind can pay attention to how muscles are feeling. The students do all exercises in one place, either sitting or standing.

Grade Levels K - 3 **15 - Minute Lessons**

Program 1
Weeks of 9/18, 1/8, 4/23
Another way to exercise.

Program 2
Weeks of 9/25, 1/15, 4/30
Heart and lungs.

Program 3
Weeks of 10/2, 1/22, 5/7
Bones and joints.

Program 4
Weeks of 10/9, 1/29, 5/14
Muscles.

Program 5
Weeks of 10/16, 2/5, 5/21
Your mind.

Program 6
Weeks of 10/23, 2/12, 5/28
Exercises that look like animals.

Program 7
Weeks of 10/30, 2/19, 6/4
Exercising while seated.

Program 8
Weeks of 11/6, 2/26
Exercising with your family.

Program 9
Weeks of 11/13, 3/5
Exercising with athletes.

Program 10
Weeks of 11/27, 3/12
Movement.

Program 11
Weeks of 12/4, 3/19
Exercising with music.

Program 12
Weeks of 12/11, 3/26
Exercising with a partner.

Program 13
Weeks of 1/1, 4/2
Exercising while lying down.

McGRUFF THE CRIME DOG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:45 CH 8	9:45 CH 10	11:15 CH 8	11:20 CH 8	12:35 CH 8

McGruff The Crime Dog is recognized by millions of children, and his "Take A Bite Out of Crime" message really connects with students. As Spokesdog in this series, McGruff motivates children to take an active role in crime prevention and self-protection.

Grades 1 - 4 Teacher Guide Available 20-Minute Lessons

McGruff And Drug Free Kids

Weeks of 9/18, 6/4

Kids are under a lot of peer pressure to use drugs. McGruff shows older youngsters how to deal with this pressure and to respect themselves and their bodies.

McGruff's Gang Alert

Weeks of 9/25

McGruff shows that gangs take away young people's freedom to make their own decisions. The Crime Dog proves that whatever a kid's reasons may be for joining, being in a gang is always a dead end.

McGruff's Guide to Personal Safety

Week of 10/2

McGruff helps children understand that they have personal space. He explains that everyone has the right to protect it and refuse to allow someone to be physically close, even a relative, friend or neighbor. He illustrates the difference between the actions of people whose closeness is natural and those who may put a child's safety at risk.

McGruff's Self-Care Alert

Weeks of 10/9

To help youngsters feel safe from crime while they're alone, McGruff gives some important advice. He also offers several suggestions that will help children deal successfully with the problem of loneliness.

McGruff On Vandalism

Weeks of 10/16

McGruff shows that vandalism hurts everyone. Kids are told to take pride in their surroundings and to stand up for what they think is right.

McGruff on Personal Property

Weeks of 10/23

The interplay between the characters and McGruff's comments allow students to digest the information and clearly present the message that stealing is wrong.

McGruff on Halloween

Weeks of 10/30

McGruff's files give plenty of tips to make Halloween both safe and fun. McGruff also gives some important safety tips regarding costumes and masks.

McGruff on the Law: Bicycles and Pedestrians

Weeks of 11/6

McGruff's files illustrate safety points children should always remember, such as obeying traffic signs, riding at the proper speed, checking intersections before crossing and much, much more.

SLIM GOODBODY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:50 CH 8	10:55 CH 10	9:20 CH 10	8:30 CH 8	2:30 CH 8

Using huge working models of the heart, lungs and digestive system, Slim Goodbody shows students how the parts of the incredible human body work together in harmony. Slim Goodbody wears his human body suit during each episode to further illustrate the functions of the human body. Children learn the good things they must do for their bodies that work so hard for them.

Grades 3 - 6 Teacher Guide Available 15-Minute Lessons

Your Heart & Blood

Weeks of 9/18, 12/11, 3/12
Explains Slim Goodbody's suit and explains the function of the heart and circulation.

Respiration

Weeks of 9/25, 1/1, 3/19
Discusses the respiratory system.

Digestion

Weeks of 10/2, 1/8, 3/26
Describes the digestive pathway and the chemical and physical breakdown of food.

Your Bones & Muscles

Weeks of 10/9, 1/15, 4/2
Discusses bones, motion and protection.

Your Brain & Nervous System

Weeks of 10/16, 1/22, 4/23
Discusses the brain and nervous system

Your Senses

Weeks of 10/23, 1/29, 4/30
Reviews each of the five senses.

Your Glands

Weeks of 10/30, 2/5, 5/7
Discusses the glands of the endocrine system.

Your Whole Body

Weeks of 11/6, 2/12, 5/14
Demonstrates the interaction and cooperation of the body systems.

The Immune System & AIDS

Weeks of 11/13, 2/19, 5/21
With cell models, Slim shows how the immune system protects the body. The program clarifies what does or does not cause AIDS and encourages students to talk with parents.

A Is For Aids

Weeks of 11/27, 2/26, 5/28
Dr. Andy Answer explains to children what the immune system is and how the AIDS virus harms the immune system.

Attention to Prevention (Substance Abuse)

Weeks of 12/4, 3/5, 6/4
Slim shows students the harmful effects of tobacco, alcohol, marijuana, and cocaine on their minds, bodies, and lives.
"Respect yourself, know the facts, and make a healthy choice" says Slim.

AIDS PROGRAMS

DIAL-A-LESSON - (914) 968-7800 - See Page 7

Grade Levels Indicated With Each Program Lesson Lengths Vary

The Inside Story of the Immune System & AIDS
Grades 4 - 6
15-Minute Lesson
(Slim Goodbody Series)

AIDS: The Heart of the Matter
Grades 6 - 8
27-Minute Lesson
Produced by the Diocese of Paterson, N.J.

The Faces of AIDS
Grades 7 - 8
60-Minute Lesson
(BACK TALK-an ITV Series.)

AIDS: A Bad Way to Die
Grades 7 - 8
42-Minute Lesson
Filmed at the Taconic Correction Facility.

The Visit
Grades 7 - 8
30-Minute Lesson
(Family Theater Productions)
Callie, living in the suburbs, has every reason to be afraid. In her twenties, she is widowed, the mother of two and has AIDS. Mary, living in Nazareth, is in awe. Only in her teens, she is unwed and pregnant, carrying the long-promised Son of God.

AIDS In-Service
Programs are listed on Page 130.

NUTRITION/OTHER HEALTH TOPICS

DIAL-A-LESSON - (914) 968-7800 - See Page 7

Grade Levels Indicated With Each Program

Lesson Lengths Vary

Hey Cow!
Grades 1-2
10-Minute Lesson

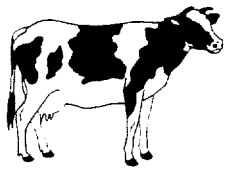
The Adventures of Vita-Boy (Junk Food)
Grades 1-3
15-Minute Lesson

The Big Dinner Table
Grades 1-3
12-Minute Lesson

Flossing With Charlie Brown
Grades 1-3
7-Minute Lesson

Listen Up: For the Sounds of Your Life (Hearing)
Grades 1-4
22-Minute Lesson

Uncle Jim's Dairy Farm
Grades 3-5
22-Minute Lesson



Tooth Truth with Harv & Merv
Grades 3-5
11-Minute Lesson

Why Not Snack?
Grades 3-5
5-Minute Lesson

Getting Ready (Four Major Food Groups)
Grades 3-5
12-Minute Lesson

Why Doesn't Cathy Eat Breakfast?
Grades 3-5
5-Minute Lesson

Wholly Cow!
Grades 3-5
11-Minute Lesson

What's Good to Eat?
Grades 4-6
18-Minute Lesson

How a Hamburger Turns into You
Grades 5-8
20-Minute Lesson

Food, Energy & You
Grades 5-8
18-Minute Lesson

The Great Food Challenge
Grades 6-8
15-Minute Lesson

Eating on the Run
Grades 6-8
16-Minute Lesson

Your Body, Your Diet, Cholesterol
Grades 7-8
21-Minute Lesson

Foods, Fads & Facts
Grades 7-8
17-Minute Lesson

Foods for a Modern World
Grades 7-8
21-Minute Lesson

Food for Life
Grades 7-8
22-Minute Lesson

For Tomorrow We Shall Diet
Grades 7-8
24-Minute Lesson